

# IT USUALLY TAKES ME MORE THAN THREE WEEKS TO PREPARE A GOOD IMPROMPTU SPEECH.

Do you know that public speaking is one of the most common fears? It is actually the number 2 fear after the fear of death. The fear of speaking in public even has a name Glossophobia



#### Nerves Kick In: You pass out.

## SURVEY SHOWS AUDIENCE EXPECT

- ... speaker to impress them
- ... speaker to entertain them
- ... speaker to inform them
- ... speaker to persuade them

(Mercer, 1994) On Business and Professional Topic

### I expect you to perform.

# PREPARATION

- Audience
- Impromptu Speech: 3 minutes
- Public Speaking : 5-6 minutes
- Practice
- Topic
  - A pet peeve (or pet hate) is a minor annoyance that an individual identifies as particularly annoying to them,

# **VISUAL AIDS AND PRESENTATIONS**

Knowing Your Audience Delivering a Persuasive Presentation Structuring Your Presentation Guidelines for Using Visual Aids Dealing with Nervousness



Making a good oral presentation is an art that involves concern for the needs of the audience, careful planning and attention to delivery.

#### **KNOW YOUR AUDIENCE**

- Audience Type (Informed & Uninformed)
- Audience Purpose (Captives, Passer-bys, Volunteers)
- Gender
- Age
- Attitude, Beliefs and Values



#### PLAN FOR THE PRESENTATION

- Plan based on a CLEARLY DEFINED OBJECTIVE.
- Be **SELECTIVE**.
- **ORGANISE** your presentation in a simple and logical manner.

#### PLAN FOR THE PRESENTATION: DEFINE YOUR PURPOSE

Analyse your motives before you develop your speech so that you can influence your audience in some way.

- To inform To enlighten your audience by teaching them something
- To persuade To move your audience towards a new attitude or behaviour

### **A Persuasive Presentation**

We can show persuasiveness by having a:

- **Confident** and **attractive** presentation style
- Well-organised and developed content
- Simple yet clear language

### **Confidence & Attractiveness**

#### Through speech:

- DO NOT mumble
- Stress on words that are important according to the effect that you want to achieve:
  - We believe that prevention is better than cure.
  - We believe that prevention is better than cure.
  - We believe that prevention is better than cure.
- Use meaningful pauses
- Reduce the number of fillers in speech



### **Confidence & Attractiveness**

#### **Through action:**

- Establish eye contact
- Put on a pleasant facial expression
- Stand straight and don't slouch
- Face the audience directly
- Speak in an appropriate tone of voice
- Move with grace and strength





# DELIVERY

- Posture
- Eye contact
- Gesture
- Voice
  - Intonation
  - Pace
  - pronunciation
- Passion

#### HOW TO SHOW ENTHUSIASM

#### Visual Aspect of Delivery

- Appearance
- Movement
- Posture
- Facial Expression
- Eye Contact

#### **Auditory Aspect of Delivery**

- Volume
- Rate
- Pitch
- Articulation

#### **EFFECTIVE BODY GESTURES**

- Facial Expression, Posture & Gestures
- 80% of your impact in not on WHAT you say but HOW you say it.



Stand up straight – Feet slightly apart and hands ready to gesture
If you must sit, lean slightly forward to the audience
Lean on the podium once in a while

### **EFFECTIVE BODY GESTURES**

#### **AVOID**

- standing with your hands on your hips
- swaying back and forth
- standing with your arms folded across your chest
- standing with your arms behind you back
- standing in the fig leaf position
- burying your hands in your pockets



#### **EFFECTIVE AUDITORY SIGNALS**

#### Volume

- Determine your volume based on the size of the room, the size of your audience, the possible noise around you, the purpose of your speech.
- Push the air upwards from your belly, not your throat, don't tighten the muscle especially around the abdominal area

#### Rate

- Don't speak too slow or too fast
- Use pauses



#### **EFFECTIVE AUDITORY SIGNALS**

#### Pitch

- The highness and lowness of your voice is influenced by the muscular tension near your throat area.
- Control your pitch so that your listeners believe that you are talking to them, rather than performing in front of them

Squeak!!

### **EFFECTIVE AUDITORY SIGNALS**

#### **Articulation**

- Avoid slurring. Example:
  - "I'm going to talk about..." instead of "I'm gonna talk bout..."
- Get the **PRONUNCIATION** right. Example:
- Use proper stress and intonation



#### **ENDING WITH GRACE**

- Signal the ending by slowing down your speech rate, reducing volume, reducing pitch
- Thank the audience
- Establish one final round of eye contact
- SMILE
- Bow
- BREATH
- Walk carefully back to your seat



# **PRESENTATION STRUCTURE**

- Introduction
- Body
- Conclusion

# INTRODUCTION

#### Opening Statement

- Profound Statement
- Quotation
- Startling Statistics
- Anecdote
  - Real Story
  - Newspaper Extract
- Greeting
- Objective/Purpose
- Outline

# BODY

- Who is involved?
- What happened?
- When did it take place?
- Where did it take place?
- Why did it happen?

# CONCLUSION

- Main Point
  - Summarize main points
  - Concluding statement
  - Closing statement: A quote

### **Organisation & Development**

Tips on how to convince someone to believe in something:

- Shake his/her existing beliefs
- Undermine his/her knowledge base
- Provide proof for the skeptic
- Program his/her subconscious mind
- Believing in your idea



Taken from http://www.2knowmyself.com/psychology\_convincing\_someone/convincing\_someone\_to\_believe\_in\_anything

### **Organisation & Development**

A well-organised and developed presentation should contain:

- An attractive and purposeful introduction
- A well-organised, elaborated and smooth-flowing body
- A short and sweet yet impactful conclusion
- A confident and well-managed Q&A session

### **Structuring the Presentation**

### INTRODUCTION

- 1. Greet
- 2. Introduce yourself
- 3. Introduce your topic
- 4. Opening Statement
- 5. State and explain your objectives
- 6. **Preview your main points**
- 7. Mention the duration of the presentation



### **Structuring the Presentation**

### BODY

- 1. Introduce the first main point
- 2. Explain and justify
- 3. Move from one point to another (Transitional Markers)
- 4. Introduce and explain the visual aids
- 5. Focus audience's attention

### **Structuring the Presentation**

### CONCLUSION

- 1. Signal the end of your presentation
- 2. Summarise the points given earlier
- 3. Restate your purpose
- 4. Closing Statement
- 5. Q&A Session
- 6. Thank your audience
- 7. End your presentation



# LANGUAGE

- Fluency [DON'T READ]
- Vocabulary
- Discourse Markers
  - Firstly
  - Secondly
  - Most important of all
  - Finally
- Grammar

### **Simplicity & Clarity**

A persuasive presentation is one that people can understand and relate to.

- Correct pronunciation and grammar
- Appropriate choice of words
- Fluent expression of thoughts
- Minimal jargons/ technical terms / bombastic words



### **Using Visual Aids**

#### TIPS FOR PREPARING SLIDES OR HANDOUTS

#### Keep it SIMPLE

- MINIMISE the number of words
- Play around with fonts and colours
- Use KEY WORDS PARALLELISM
- Use simple chart, table and graphs
- Choose images that COMPLEMENT the text
- Pay attention to layout; balance of text, graphics and white space



### **Using Visual Aids**

### **TIPS FOR USING SLIDES OR HANDOUTS**

- Prepare early.
- Rehearse with your visual aids.
- DO NOT READ from your visual aids.
- Maintain EYE CONTACT don't turn your back.
- PAUSE while your audience read from your visual aids.
- Reveal only what is NEEDED.
- **DESCRIBE** and **EXPLAIN** their content and purpose.
- Make sure the equipment is working properly.



### **Dealing with Nervousness**

#### What is nervousness or anxiety?

- 1. Physiological and Psychological state
- 2. Creates unpleasant feelings such as worry, fear, etc.
- **3.** Normal reaction to stressful, unknown or intimidating circumstances
- 4. A little bit of anxiety could help improve performance but one anxiety affects your ability to perform negatively, you've got to get in **under control**.



### **Dealing with Nervousness**

### **OVERCOMING NERVOUSNESS**

#### 1. SMILE

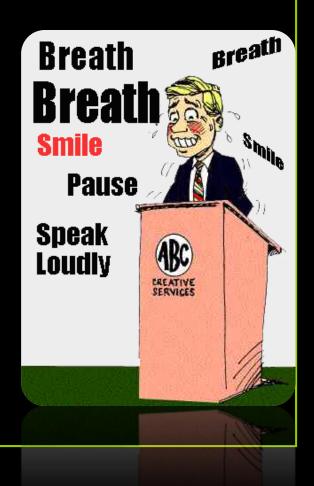
- 2. Change your perception about the audience
- 3. Imagine yourself performing the task successfully
- 4. Change your anxiety to passion
- 5. Be rational about your fears
- 6. Use stress-busting exercises
- 7. Don't look nervous



### **Dealing with Nervousness**

### **PREVENTING AND HANDLING NERVOUSNESS**

- Write your introduction & conclusion
- Anticipate problems & prepare solutions
- Arrive early
- Don't apologise for being nervous
- Move Use your hands to gesture
- Practice makes perfect
  - Rehearse out loud
  - Simulate real conditions
  - Time it
  - Rehearse questions & answers



### CONCLUSION

Speaking in public can be nerve-racking; convincing your audience can be very challenging, but with knowledge and practice, we can slowly master the skills to become an elegant, persuasive and confident speaker.





# SAMPLE PRESENTATIONS WWW.TED.COM

ELOQUENT SPEECH IS NOT FROM LIP TO EAR, BUT RATHER FROM HEART TO HEART. WILLIAM JENNINGS BRYAN

# WHAT IS A CASE STUDY?

- It is a record of a real **event/issue** that occurred at a particular organization or company.
- Some of the details included in a case study include information about :
  - The organization
  - The issue/problem
  - The Solutions/ strategies/ project
  - The challenges encountered
  - The responses, results, and recommendations

