

## PUTTING ON A PAPER SHOW

Early summer is the time when bright red poppies bring a splash of vibrant colour to fields and verges. These delicate wildflowers are best enjoyed in the countryside, as they wilt quickly when picked. Instead, a pretty arrangement can be made using coloured paper bun cases. Different sized cases are used; small dark ones for the centres of the flowers, and larger red ones for the petals. Cutting the large cases into segments with curved edges creates petals. The dark cases can be cut into more segments, which are curled inwards to form the centres. The cases are held together with a piece of wire pierced through the centre, and roughly knotted or twisted at the front and back.



## STITCHED WINGS

This beautiful small copper butterfly brooch is the work of Lisa Toppin, and was hand sewn using materials carefully selected from her extensive collection of fabrics. Larger than life-size with a wingspan of approximately 10cm, its colouring replicates the real thing. Working from her cottage in Fife, Scotland, Lisa is inspired by nature, her garden and vintage fabrics. She loves the rhythm of hand sewing, and enjoys the process of building colour and texture to turn each piece into a story.

**Small copper butterfly brooch £48,  
[www.agnesandcora.etsy.com](http://www.agnesandcora.etsy.com)**

## FRAGRANCE IN A HEART

Leftover scraps of fabric are given new life as scented sachets to hang over doors, in cupboards, or in wardrobes. Lengths of ribbon and old buttons are used to create hangers. These hearts can be filled with dried herbs, such as lavender and rosemary. They will give out a gentle fragrance. When the scent starts to fade, scrunching the sachet will often revitalise it.

