

outdoor activities, we can see how necessary, optional, and social activities occur in a finely interwoven pattern. People walk, sit, and talk. Functional, recreational, and social activities intertwine in all conceivable combinations. Therefore, this examination of the subject of outdoor activities does not begin with a single, limited category of activities. Life between buildings is not merely pedestrian traffic or recreational or social activities. Life between buildings comprises the entire spectrum of activities, which combine to make communal spaces in cities and residential areas meaningful and attractive.

Both necessary, functional activities and optional, recreational activities have been examined quite thoroughly over the years in different contexts. Social activities and their interweaving to form a communal fabric have received considerably less attention.

## **Outdoor activities and quality of outdoor space**

Life between buildings is discussed here because the extent and character of outdoor activities are greatly influenced by physical planning. Just as it is possible through choice of materials and colors to create a certain palette in a city, it is equally possible through planning decisions to influence patterns of activities, to create better or worse conditions for outdoor events, and to create lively or lifeless cities.

The spectrum of possibilities can be described by two extremes. One extreme is the city with multistory buildings, underground parking facilities, extensive automobile traffic, and long distances between buildings and functions. This type of city can be found in a number of North American and "modernized" European cities and in many suburban areas.

In such cities one sees buildings and cars, but few people, if any, because pedestrian traffic is more or less impossible, and because conditions for outdoor stays in the public areas near buildings are very poor. Outdoor spaces are large and impersonal. With great distances in the urban plan, there is nothing much to experience outdoors, and the few activities that do take place are spread out in time and space. Under these conditions most residents prefer to remain indoors in front of the television or on their balcony or in other comparably private outdoor spaces.

Another extreme is the city with reasonably low, closely spaced buildings, accommodation for foot traffic, and good areas for outdoor stays along the streets and in direct relation to residences, public buildings, places of work, and so forth. Here it is

possible to see buildings, people coming and going, and people stopping in outdoor areas near the buildings because the outdoor spaces are easy and inviting to use. This city is a living city, one in which spaces inside buildings are supplemented with usable outdoor areas, and where public spaces are allowed to function.

It has already been mentioned that the outdoor activities that are particularly dependent on the quality of the outdoor spaces are the optional, recreational activities, and by implication, a considerable part of the social activities.

It is these specially attractive activities that disappear when conditions are poor and that thrive where conditions are favorable.

The significance of quality improvement to daily and social activities in cities can be observed where pedestrian streets or traffic-free zones have been established in existing urban areas. In a number of examples, improved physical conditions have resulted in a doubling of the number of pedestrians, a lengthening of the average time spent outdoors, and a considerably broader spectrum of outdoor activities [2].

In a survey recording all activities occurring in the center of Copenhagen during the spring and summer of 1986, it was found that the number of pedestrian streets and squares in the city center had tripled between 1968 and 1986. Parallel to this improvement of the physical conditions, a tripling in the number of people standing and sitting was recorded.

In cases where neighboring cities offer varying conditions for city activities, great differences can also be found.

In Italian cities with pedestrian streets and automobile-free squares, the outdoor city life is often much more pronounced than in the car-oriented neighboring cities, even though the climate is the same.

A 1978 survey of street activities in both trafficked and pedestrian streets in Sydney, Melbourne, and Adelaide, Australia, carried out by architectural students from the University of Melbourne and the Royal Melbourne Institute of Technology found a direct connection between street quality and street activity. In addition, an experimental improvement of increasing the number of seats by 100 percent on the pedestrian street in Melbourne resulted in an 88 percent increase in seated activities.

William H. Whyte, in his book *The Social Life of Small Urban Spaces* [3], describes the close connection between qualities of city space and city activities and documents how often quite simple physical alterations can improve the use of the city space noticeably.