

TABLE 4.6 Outdoor Activity Days per Year by Age Group

Age group	Average days per year
5–9	205
10–19	255
20–29	149
30–44	99
45–64	55
65	15

TABLE 4.7 Activities or Facilities in Order of Demand

1. Bicycle paths
2. Tennis courts
3. Swimming pools
4. Ice skating areas
5. Playgrounds
6. Hiking and walking trails
7. Offroad vehicle trails
8. Ballfields
9. Picnic areas
10. Natural swimming areas

Table 4.10 lists approximate development standards for community facilities for various sizes of the populations to be served within a community.

The age distribution of a user population is important because the pressure on facilities will vary based on the number of users and the frequency of use. Although the greatest proportion of the population tend to use the more passive open space, a greater percentage of the age groups that use active recreation facilities actually participate in sports. (Figures 4.23 through 4.30 illustrate sports and recreation site designers.) Basically in a large population of children, the percentage of individuals who use the available facilities is greater than in an older population group.

Accessibility and open space

The enactment in 1990 of the Americans with Disabilities Act (ADA) has served to increase our awareness of barriers to access to open space and the need to remove or bypass them. Today plans must accommodate the entire population to a reasonable extent. The design and construction industries have been building new structures with a greater freedom of access for more